



TRAVEL MEDICINE  
ALLIANCE  
SANDRINGHAM

**BLUFF ROAD MEDICAL**

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*As Association of Independent Medical Practitioners*

*Servicing Sandringham's Healthcare needs since 1987*

A.B.N. 18 671 425 068



BLUFF ROAD  
**Medical**

**Health Questionnaire for International Travel**

The detailed information enables us to individualise and tailor travel advice to your specific itinerary

**Personal Details** First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ DOB: \_\_\_\_\_

**Dates of your Trip** Date of Departure: \_\_\_\_\_ Return Date: \_\_\_\_\_

**Detailed Itineraries**

Country	Cities/Areas	Length of stay in days	Altitude Y/N – Metres

Please mark all that describes your trip

<b>Trip Type</b>	Business	Holiday	Visiting Family / Other
<b>Holiday Type</b>	Package	Backpacking	Cruise / Trekking
<b>Accommodation</b>	Hotel (A/C)	Budget / Hostel	Camping / Relatives
<b>Travelling</b>	Alone	With Family / Partner	Friend / Group
<b>Staying In</b>	Urban Area	Rural Area	Mountain / Arid Region
<b>Activities</b>	Trekking	Safari / Adventure	Scuba / Extreme Activity

**Health Status – Current & Past**

Do you have OR have you had any of these medical problems (please indicate)

Asthma / Lung disease / Epilepsy / Diabetes / High Blood Pressure / Irregular Heart Beat /

Stomach Ulcer / Psoriasis / Blood Disorders / DVT / Weakened Immune system / HIV /

Mastectomy / Mood or Anxiety Issues / Splenectomy / Liver or Kidney disease / Thymus /

a) Any other medical problems (please specify) \_\_\_\_\_

- b) List any current or repeat medications you are taking now (eg contraceptive pills, antibiotics) \_\_\_\_\_
- c) Are you allergic to (please circle) Eggs, Bees, Sulphur drugs, Penicillin, Latex, Band-Aids, Other \_\_\_\_\_
- d) Have you ever felt faint or fainted after an injection or giving blood?    Yes    No
- e) Could you be pregnant now OR any plans for pregnancy within 3 months of return    Yes    No
- f) Does anyone around you have a weakened immune system? (Eg Cancer/HIV patients)    Yes    No
- h) Have you ever had a serious reaction to previous vaccines?    Yes    No
- i) Did you miss any of your usual childhood vaccinations?    Yes    No

### VACCINATION HISTORY

Ns	DISEASE	Previous Vaccination	Date	Brand/ Booster	X	Dr's Schedule - Recall done Y/N
	<b>Typhoid (IM / O)</b>					
	<b>Hepatitis A</b>					
	<b>Hepatitis B</b>					
	<b>Rabies</b>					
	<b>Tetanus/Pertussis</b>					
	<b>Polio</b>					
	<b>Flu</b>					
	<b>Meningitis ACWY / B</b>					
	<b>Yellow Fever(I)</b>					
	<b>MMR (I)</b>					
	<b>Chicken Pox(I)</b>					
	<b>Shingles VZV(I)</b>					
	<b>TB (I)</b>					
	<b>Hib</b>					
	<b>Japanese Encephalitis</b>					
	<b>Pneumonia 13 / 23</b>					
	<b>Cholera (o)</b>					